Frate of South Caroling Governor's Proclamation

- **WHEREAS,** good nutrition and physical activity are key components of a healthy lifestyle; and
- WHEREAS, National Nutrition Month is an annual nutrition education campaign sponsored by the American Dietetic Association and its Foundation; and
- **WHEREAS,** the 2003 theme, "Healthy Eating, Healthy You", reinforces the importance of making healthy eating, physical activity, and lifestyle choices; and
- WHEREAS, with events throughout the Palmetto State including cooking demonstrations, healthy recipe contests, food taste tests, work-site health programs, library displays, and supermarket tours, the 2003 observance of National Nutrition Month provides an opportunity to join together in celebrating the importance of good nutrition.
- **NOW, THEREFORE, I,** Mark Sanford, Governor of the Great State of South Carolina, do hereby proclaim March 2003 as

NUTRITION MONTH

throughout the state and encourage all South Carolinians to recognize the importance of good nutrition to the health and well-being of our citizens.

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MARK SANFORD
GOVERNOR
STATE OF SOUTH CAROLINA